



ANNUAL NATIONAL CONFERENCE & WORKSHOP

**PHYSICAL THERAPY
2010**

Theme : Vision 2020

Organized by :

The Department of Orthopaedics - Physiotherapy

**Venue: Jawaharlal Nehru Auditorium, AIIMS, NEWDELHI
6-10, January 2010**



Let's Touch the Generation next...

Invitation

Dear friends and Colleagues,

On behalf of the Physical Therapists of A.I.I.M.S, it gives us great pleasure to invite you all to participate in **Annual National Conference of physical Therapy - 2010**. The conference is going to be held in the premier institute A.I.I.M.S. in New Delhi, India from January 6th (Wednesday) to 10th (Sunday) with a major focus on translatory basic science into clinical testing and therapy to improve human lives. Thus the theme of this conference is kept as **"VISION - 2020"** A scientific and advisory committee will ensure a highly interactive, scientifically stimulative and intensive program for the conference.

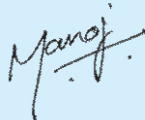
The planning sessions and the theme based symposia will be addressed by an outstanding list of international and national faculties, who will highlight the recent advances in the therapeutic and diagnostic aspects of physical therapy and updates on technologies & products in the field of physiotherapy.

An interaction workshop has been planned that will address on diagnostic & therapeutic procedures in a variety of clinical settings for physical therapy.

The conference is a an attempt to bridge the lacunae with eminent speakers in the field of physical therapy focusing on certain key areas in hospital base, therapeutic physical therapy management.

The organizing committee is confident that we will gain academically, and build relationship with others in this field as well as have a good time.

We look forward to welcoming you all in the premier institute of India, which is located in the vibrant city of New Delhi in the month of January.



M. Manoj
(Organizing Secretary)

Organizing Committee

PATRONS

Prof. P. P. Kotwal, HOD
Dept. Orthopaedic-Surgery,
AIIMS.

CO-PATRONS

Prof. S. Rastogi
Dept. Orthopaedic-Surgery,
AIIMS.

Prof. A. Jayaswal

Dept. Orthopaedic-Surgery,
AIIMS.

CHAIRPERSON

Dr. Harinder
Chief Physiotherapist
Dept. Ortho-Physiotherapy,
AIIMS.

CO-CHAIRPERSON

Dr. ReenaRajan
Supt. Physiotherapist

Dr. Kanchan Mittal
Supt. Physiotherapist

Dr. Supriya Bali
Sr. Physiotherapist

Dr. Neelam D. James
Sr. Physiotherapist

ORGANIZING SECRETARY

Dr. M. Manoj, Physiotherapist
Dept. Ortho-Physiotherapy, AIIMS.

CO-ORGANIZING SECRETARIES

Dr. Deepti Wardhan, Physiotherapist
Dept. Ortho-Physiotherapy, AIIMS.

Dr. Ajit Kumar, Physiotherapist
Dept. Ortho-Physiotherapy, AIIMS.

TREASURER

Dr. Smita Das, Sr. Physiotherapist
Dept. Ortho- Physiotherapy, AIIMS.

CO-TREASURER

Dr. Sunil Singhal, Sr. Physiotherapist
Dept. Ortho-Physiotherapy, AIIMS.

PROGRAMME

Thursday, 7th January, 2010

Time	Topics	Speakers
1045 - 1110 Hrs.	Physical and Lifestyle risk factors for Osteoporosis- Management	Prof. A.C. Ammini , HOD Dept. of Endocrinology, AIIMS, New Delhi.
1110 - 1135 Hrs.	Stem cells in Orthopaedic	Prof. S. Rastogi Dept. of orthopaedics, AIIMS, New Delhi.
1135 - 1200 Hrs.	Musculoskeletal Challenges in Patients on Steroid Therapy	Prof. Rajesh Malhotra Dept. of orthopaedics, AIIMS, New Delhi.
1200 - 1225 Hrs.	Physiotherapy research In India – Past, Present and Future	Prof. Savita Ravindran, HOD Dept. of Physiotherapy, M. S. Ramaiah Medical College, Bangalore.
1225 - 1250 Hrs.	Emerging trends of Physiotherapy in Metabolic disorders	Dr. Narasimman Swaminathan , Associate prof. Dept. of physiotherapy, Father Muller Medical College, Mangalore.
0100 - 0200 Hrs. Lunch		
0200 - 0225 Hrs.	Cardiac Rehabilitation – Indian Perspective	Prof. Dr. Arun Maiya , Associate Dean Manipal College of Allied Health sciences Manipal.
0225 - 0250 Hrs.	Sports Injury Management with challenges in Indian context	Dr. A.G.K. Sinha , Reader Patiala University, Punjab.
0250 - 0305 Hrs.	Return to Functional Activities After ACL Reconstruction – A Paradigm	Dr. Ravi Mittal , Associate prof. Dept. of Orthopaedics, AIIMS, New Delhi.
0305 - 0320 Hrs.	Cumulative Traumatic disorders	Dr. R.V. Vijayakumar , Associate Prof. Oxford College of Physiotherapy Bangalore.
0320 - 0335 Hrs.	Use of Electrical Stimulation in recent Fractures and Non Union Fractures	Dr. C. S. Ram , Director I.T.S. College of Physiotherapy, Ghaziabad.
0345 - 0400 Hrs. Tea Break		
0400 - 0420 Hrs.	Current Concepts In Arthroplasty	Dr. C. S. Yadav , Associate Prof. Dept. of Orthopaedics, AIIMS, New Delhi.
0420 - 0445 Hrs.	Prevention & Physiotherapeutic management of pulmonary Complications after Cardiac-surgery	Dr. V. P. Gupta , Supt. Physiotherapist CTVS, AIIMS, New Delhi.
0445 - 0500 Hrs.	Extensor Tendon Injuries in Hand - Rehabilitation	Dr. Aditi Airi , Physiotherapist JPN Apex Trauma Centre AIIMS, New Delhi.
0400 - 0500 Hrs. Free Paper Session will be Simultaneously on Conference Hall		
0500 Hrs. End of the Day		



Friday, 8th January, 2010

Time	Topics	Speakers
0900 - 0925 Hrs.	Understanding Scoliosis	Prof. A. Jayaswal Dept. of Orthopaedics, AIIMS, New Delhi.
0925 - 0940 Hrs.	Non Operative Management In Scoliosis	Dr. Ajit Kumar , Physiotherapist Dept. of Ortho- Physiotherapy, AIIMS New Delhi.
0940 - 0955 Hrs.	Outcome measures in Physiotherapy	Dr. Rajeev Aggarwal , Physiotherapist Dept. of Neurology, AIIMS, New Delhi.
0955 - 1010 Hrs.	Current concepts in Low back ache management	Dr. P. P. Mohanty , HOD SV. Nirtar, Cuttak, Orrisa.
1010 - 1025 Hrs.	Efficacy of Spinal Extensor Strengthening and Interferential Therapy – In Chronic Low Back Pain	Dr. Supriya Bali , Sr. Physiotherapist Dept. of Ortho-Physiotherapy, AIIMS New Delhi.
1025 - 1045 Hrs.	Cardiac Rehabilitation and Autonomic Function Testing	Dr. Kushal Madan , Phd. Dept. of Physiology, AIIMS, New Delhi.
1100 - 1115 Hrs. Tea Break		
1115 - 1135 Hrs.	Current Concepts in Critical Care Physiotherapy	Prof. Venkatesh , Principal Sri Ramachandra University, Chennai.
1135 - 1150 Hrs.	Falls in Elderly – Reflections of Abnormal Postural Control	Dr. C. K. Dhawan , Chief Physiotherapist Dept. of P. M. R., AIIMS, New Delhi.
1150 - 1205 Hrs.	Lumbo Pelvic Dysfunction – A Biomechanical Approach	Dr. Prabhu Raja , Lecturer Dept. of Physiotherapy Father Muller Medical College, Mangalore.
1205 - 1225 Hrs.	Arthroscopic Bankart's repair after sports injury - impending challenges	Dr. H.L. Nag , Additional Prof. Dept. of Orthopaedics, AIIMS, New Delhi.
1225 - 1240 Hrs.	Clinical Application of Iso-kinetic in injured shoulder	Dr. Deepti Wardhan , Physiotherapist Dept. of Ortho-Physiotherapy, AIIMS New Delhi.
1200 - 0100 Hrs. Free Paper Session will be Simultaneously on Conference Hall		
0100 - 0200 Hrs. Lunch		
0200 - 0225 Hrs.	Basics of Musculo-Skeletal Imaging	Dr. Raju Sharma , Addl. Professor Dept. of Radio Diagnosis, AIIMS, New Delhi.
0225 - 0250 Hrs.	Role of physiotherapist in disaster management	Prof. A. V. Patil , Principal, Smt. Kashibai Navale College of Physiotherapy, Narhe, Pune.
0250 - 0305 Hrs.	Physiotherapy in Emergency Care	Dr. Altaf Hussain Mir , Physiotherapist JPN Apex Trauma Care Center, AIIMS, New Delhi.
0305 - 0320 Hrs.	Neural Plasticity and its importance in Rehabilitation	Dr. Sydney , Lecturer Dept. of Physiotherapy Father Muller Medical College, Mangalore
0320 - 0400 Hrs.	Panel discussion - vision 2020	
Tea Break		
0500 - 0600 Hrs.	Cultural Programmes Closing Ceremony	

Pre- Conference Workshops :

Dated 06/01/2010

Time : 0900-0530 Hrs.

Live Workshop - Physiotherapy in ICU Management

- **Dr. Rajeev Aggarwal**, Physiotherapist, Dept. of Neurology, AIIMS, New Delhi

A Dynamical Approach in Gait- Stroke

- **Dr. Vasanthan**, Associate Professor, Oxford College of Physiotherapy, Bangalore

Clinical Application of Isokinetic in Knee Joint Testing and Management

- **Dr. Deepti Wardhan**, Physiotherapist, Dept. of Ortho-Physiotherapy, AIIMS, New Delhi

Interpretation of NCV – Physiotherapy Perspective

- **Prof. Saraswathi Iyer**, K.S. Seth Medical College & K.E.M. Hospital, Mumbai

Post- Conference Workshop:

Dated 09/01/2010-10/01/2010 (Two Days)

Time : 0900-0530 Hrs.

Neurodynamic Solutions

- **Dr. Kiran Challagundla**, Master of Orthopaedics, Sports & Manual Physiotherapy (Australia)

Principal and Practices of Autonomic Function Testing – Live Demo

- **Prof. K.K. Deepak**, Dept. of Physiology, AIIMS, New Delhi

Stroke Physical Therapy : Neuro restoration-Recovery Enhancement Evidence Based Practice

- **Dr. C. Prabhu**, Associate Professor, Dept. of Neuro- Physiotherapy Padmashree college of physiotherapy, Bangalore

Managing Poly trauma - Physical Therapy Perspective

- **Dr. Altaf Hussain Mir**, Physiotherapist, JPN Apex Trauma Care Center, AIIMS, New Delhi

Introduction to the Basic concepts Evidence Based Physiotherapy Practice

- **Dr. Narasimman Swaminathan**, Associate Professor Dept. of physiotherapy, Father Muller Medical College, Mangalore

Venue for the Pre & Post conference workshops will be intimated through E-mail, or by Telephone - 15 days prior to the workshops

For Registration please fill up the Registration Form

Scientific Committee

Dr. C.K. Dhawan, Chief Physiotherapist, P.M.R., AIIMS.

Dr. A.G.K. Sinha, Reader, Patiala University, Punjab.

Dr. Manda Chauhan, HOD, IPH, New Delhi.

Dr. V.P. Gupta, Supt. Physiotherapist, CTVS, AIIMS.

Advisory Committee

Chief Advisors

Dr. Rajeev Aggarwal | Dr. Narasimman Swaminathan

Dr. Chandra Sekar | Dr. Pooja Chaudhary

Dr. Kanan Rohtagi | Dr. A.B. Dhargave | Dr. O.P. Yadav

Sub- Committees

Registration & Reception

Dr. Arushi | Dr. Aditi Airi | Dr. Banty

Course Co-ordinators

Dr. N. Dhanamanjuri Devi | Dr. Shruti Kumari

Dr. Poonam Mishra | Dr. Anjutheswarie A.

Dr. Altaf Hussain Mir | Dr. Sunita Khichi

Souvenir

Dr. Prabhat Ranjan | Dr. Baban Kr. Mohankar

Transport & Accommodation

Dr. A.S. Moorthy | Dr. Aravind. K | Dr. Harpreet Singh

Catering

Dr. Shailesh Kr. Singh | Dr. M.S. Mehra

Certificate Distribution

Dr. Nidhi Sharma | Dr. Pintu Kumar

Co-ordinators

- Dr. Shiv Ram** Director, ITS Dental College, Meerut.
- Dr. Digvijay** Principal, Rajiv Gandhi College of Physiotherapy, Bhopal.
- Dr. Sheet Kumar** Principal, Prakash Institute of Physiotherapy, Greater Noida.
- Dr. Jasobanta Sethi** Principal, LSAMS, Phagwara.
- Dr. Rambabu** Principal, TDTRDAV Institute of Physiotherapy & rehabilitation, Yamunanagar.
- Dr. Chandra Sekar** Principal, Padmashri, Dr. Vithalrao Vikhe Patil Foundations, College of Physiotherapy, Viladghat.
- Dr. M. Kotireddy** Principal, Maharashtra Institute of Physiotherapy, Latur, Maharashtra.
- Dr. R.K. Meena** Principal, Subharti College of Physiotherapy, Meerut.
- Dr. Jagmohan** Principal, Gyansagar College of Physiotherapy, Rajpura, Chandigarh.
- Dr. Rajan Samuel** Principal, Vinayaka Mission Of Physiotherapy, Salem.
- Dr. Narinder Kaur** HOD, Patiala University, Punjab.
- Dr. Jince Thomas Mathew** HOD, Ayushman College & Hospital Bhopal MP.
- Dr. Pavas Jaiswal** HOD, Faculty of applied sciences, Manav Rachna University, Faridabad.
- Dr. Ramhari Meena** HOD, MGM Medical College, Indore.
- Dr. Bharat Arya** HOD, CAEHS, Meerut.
- Dr. Siddhart Sen** HOD, Dolphin Institute of Biomedical & Natural Science, Dehradun.
- Dr. Prasanna** HOD, Garden City College of Physiotherapy, Bangalore.
- Dr. M.Manikumar** Professor, College of Physiotherapy, SRIPMS, Coimbatore.
- Dr. Jaganathan** Professor, MIMER Medical College, Pune, Maharashtra.
- Dr. C. Prabhu** Associate Professor, Padmashree college of physiotherapy, Bangalore.
- Dr. R.V.Vijaya Kumar** Associate Professor, Oxford college of Physiotherapy, Bangalore.
- Dr. Ashish Mathur** Associate Professor, MGM Medical College, Indore.
- Dr. Gaurav Kadyan** Associate Professor, CAEHS, Meerut.
- Dr. G.Palani Kumar** Associate Professor, KM Patel Institute of Physiotherapy, Gujarat.
- Dr. N.Venkataseshan** Associate Professor, Smt Kashibai Navale College of Physiotherapy, Pune.
- Dr. M.K. Franklin Shaju** Associate Professor, R.V.S.college of Physiotherapy, Coimbatore.
- Dr. C.V. John Franklin** Associate Professor, Padmashree Dr.D.Y.Patil college of Physiotherapy, Pune.
- Dr. Ganesh** Associate Professor, NDMVP Medical College, Nashik, Maharashtra.
- Dr. R. Pravin Kumar** Assistant Professor, IIMS, Indore.
- Dr. Shewta Shenoy** Reader, G.N.D.U., Amritsar, Punjab.
- Dr. P. Antony Leo aseer** Reader, Sri Ramachandra University, Chennai.
- Dr. Ayyanar** Sr. Lecturer, Shree Ghantakarn Mahavir Physiotherapy College, Vavdi, Godhra.
- Dr. S. Krishnan** Sr. Lecturer, DPO's NETT College of Physiotherapy, Mumbai.
- Dr. Kalpana Zutshi** Lecturer, Faculty of allied health sciences, Jamia Hamdard, New Delhi.
- Dr. Rakesh Kumar** Lecturer, Rajiv Gandhi College of Physiotherapy, Bhopal.
- Dr. Sunil Sakkarwal** Lecturer, MGM Medical College, Indore.
- Dr. Upendra Koduri** Lecturer, MGM institute of Physiotherapy, Aurangabad, Maharashtra.
- Dr. Mayank Shukla** Lecturer, Amity University Noida.
- Dr. Prem Kumar** Lecturer, K.J. Pandya College of Physiotherapy, Vadodara, Gujarat.
- Dr. Sudha Karan** Lecturer, Pravara Institute of Medical Sciences, Loni, Maharashtra.
- Dr. Aditya Kumar** Lecturer, LSAMS, Phagwara.
- Dr. Ram Prabhu** Supt. Physiotherapist, IPH, New Delhi.
- Dr. Harisankar Varma Raja** Physiotherapist, Indian national Boxing Team, SAI, Patiala.
- Dr. Surendar Mor** Physiotherapist, Gurgaon.
- Dr. Amresh Kumar** Physiotherapist, Northern Railway Hospital, Councnaght Place, New Delhi.
- Dr. Atanu Chakraborty** Physiotherapist, Calcutta.
- Dr. Rajesh Pal** Physiotherapist, Apollo Clinic, Gurgaon.
- Dr. Kundan Kumar** Physiotherapist, Guwhati.
- Dr. Annis Raj** Physiotherapist, Noida.
- Dr. Mittlesh Kumar** Physiotherapist, Bhubaneswar.
- Dr. J.Dhayalan** Physiotherapist, Life Line Hospital, Navi Mumbai.

Registration & Information Form



ANNUAL NATIONAL CONFERENCE & WORKSHOP PHYSICAL THERAPY – 2010

All India Institute of Medical Sciences

Ansari Nagar, New Delhi-110029

Organized by: The Department of Orthopaedics - Physiotherapy

Venue: Jawaharlal Nehru Auditorium, AIIMS, NEW DELHI

6-10 January 2010

Theme: "Vision 2020"

Please complete and return the form with your registration fee to:

Dr. M. Manoj (Organising Secretary)

Room No. 1112, 1st floor Main Building, Ortho-Physiotherapy Unit-152,

Department of Orthopaedics-Physiotherapy AIIMS, Ansari Nagar, New Delhi -110029

E-mail : ancptaiims@gmail.com Mobile. No. 9968996289, 9868674260.

Conference 7-8 Jan. 2010
Pre Conference Workshop 6 Jan. 2010
Post Conference Workshop 9-10 Jan. 2010

For Secretariat only

Date

Regd. No

Name Of the Delegate

Age Sex (M/F) Qualifications Institute

Address for communication

State Pin Code Telephone (STD Code)

Off Resi Mobile No

E-mail : (Mandatory)

Pre Conference Workshop(s) You desire to attend

Post Conference Workshop(s) You desire to attend

Registration Fee	Students	Delegates
Till 31st Oct. 2009	Rs. 1100/-	Rs. 1500/-
Till 30th Nov. 2009	Rs. 1250/-	Rs. 1650/-
Till 31st Dec. 2009	Rs. 1400/-	Rs. 1800/-
Till 5th Jan. 2010	Rs. 1500/-	Rs. 2000/-
On Spot Registration	Rs. 1800/-	Rs. 2500/-

On spot registration subject to availability of seat:

Pre- Conference Workshops : Dated 06/01/2010

Sr. No	Topic	Registration Fees	
		Till 15th Nov. 2009	Rs. 1500/-
1.	Live Workshop - Physiotherapy in ICU Management • Dr. Rajeev Aggarwal Physiotherapist Dept. of Neurology, AIIMS, New Delhi	31st Dec. 2009	Rs. 2000/-
		Till 15th Nov. 2009	Rs. 1500/-
2.	Clinical Application of Isokinetic in Knee Joint Testing and Management • Dr. Deepti Wardhan Physiotherapist Dept. of Ortho-Physiotherapy, AIIMS, New Delhi	31st Dec. 2009	Rs. 2000/-
		Till 15th Nov. 2009	Rs. 1500/-
3.	A Dynamical Approach in Gait- Stroke • Dr. Vasanthan Associate Professor The Oxford College of Physiotherapy, Bangalore	31st Dec. 2009	Rs. 1500/-
		Till 15th Nov. 2009	Rs. 1200/-
4.	Interpretation of NCV – Physiotherapy Perspective • Prof. Saraswathi Iyer K.S. Seth Medical College & K.E.M. Hospital, Mumbai	31st Dec. 2009	Rs. 1500/-
		Till 15th Nov. 2009	Rs. 1200/-

Post- Conference Workshop: Dated 09/01/2010- 10/01/2010

5.	Principal and Practices of Autonomic Function Testing – Live Demo • Prof.K.K. Deepak Dept. of Physiology, AIIMS. New Delhi	Till 15th Nov. 2009	Rs. 1200/-
		31st Dec. 2009	Rs. 1500/-
6.	Stroke Physical Therapy : Neurorestoration–Recovery Enhancement Evidence Based Practice • Dr. C. Prabhu Associate Professor Dept. of Neuro- Physiotherapy, Padmashree college of physiotherapy, Bangalore	Till 15th Nov. 2009	Rs. 1200/-
		31st Dec. 2009	Rs. 1500/-
7.	Managing Poly trauma - Physical Therapy Perspective • Dr. Altaf Physiotherapist JPN Trauma Care Center, AIIMS, New Delhi	Till 15th Nov. 2009	Rs. 1200/-
		31st Dec. 2009	Rs. 1500/-
8.	Introduction to the Basic concepts Evidence Based Physiotherapy Practice • Dr. Narasimman Swaminathan Associate professor Dept. of physiotherapy, Father Muller Medical College Manglore	Till 15th Nov. 2009	Rs. 1200/-
		31st Dec. 2009	Rs. 1500/-
9.	Neurodynamic Solutions • Dr. Kiran challagundla Master of Orthopaedics Sports & Manual Physiotherapy (Australia) Lower quarter (course duration 2 days)- Rs. 4000/- Upper quarter (course duration 2 days) Rs. 4000/- both together Rs. 8000/-		

* No spot registration for pre & post Workshops

* Limited Seats available

* On first come first Serve.

Payment Details

Registration fee:Pre & Post Workshop Fee.....Total Amount

All Payments shall be made by Cash/Local Cheque/DD No.Dated.....Drawn on of Rs.favoring **"ANCPT AIIMS"** payable at SBI, Ansari Nagar Branch, New Delhi **OR** Bank transfer to current account no. **30917295070**

Note : If depositing registration fees by bank transfer, depositor name is mandatory.

- Out Stationed delegates to send their payments by DD/Cheque.

Signature.....

Date

ABSTRACTS / POSTER SUBMISSION FORM



ANNUAL NATIONAL CONFERENCE & WORKSHOP PHYSICAL THERAPY – 2010

All India Institute of Medical Sciences
Ansari Nagar, New Delhi-110029

Organized by: The Department of Orthopaedics - Physiotherapy
Venue: Jawaharlal Nehru Auditorium, AIIMS, NEW DELHI

6-10 January 2010

Theme: "Vision 2020"

Call for Abstracts/Poster

1. Title of the Paper :
2. Topic* :
3. Name of Presenting Author : Dr.
4. Academic Qualifications :
5. Institute :
6. Address for Communication :Pin Code.....
7. Telephone (STD Code.....) :(Off)(Res.).....Fax.....
..... MobileE-mail.....

Presentation will be in Power Point

Use separate sheet

ABSTRACT : 250 Words
Font-Times New Roman 10 Size
Area - 15 cms x 10 cms

The Abstract may be sent by e-mail followed by hard copy by post.

Date :

Signature.....

Time allotted : Free paper presentation- 10 minutes followed by 3 minutes discussion

- Last date for receiving the abstract : 15th Dec. 2009
- Intimation of acceptance : 31st Dec. 2009

General Information

Those wishing to make an oral or poster presentation are requested to prepare for an english abstract

1. Abstracts submission starts from 15th Oct. 2009
2. Abstracts must be prepared in English
3. Abstracts accepted for oral and poster presentation will be included in the book of abstracts.
4. Abstracts received by fax will not be accepted
5. Abstracts must be received by 15th Dec. 2009 by the latest
6. All abstracts must be e-mailed on e-mail : ancptaiims@gmail.com
7. Registration for the conference is mandatory for scientific paper and poster presentation.

**The abstracts must reach the
Organizing Secretary on or before 15th Dec. 2009 at the following address:
Address :**

Dr. M. Manoj (Organising Secretary)
Room No. 1112, 1st floor Main Building, Ortho-Physiotherapy Unit-152,
The Department of Orthopaedics - Physiotherapy, AIIMS, Ansari Nagar, New Delhi-110029
E-mail : ancptaiims@gmail.com, Mobile: 09968996289